

Handouts

Session Planners and Session Review Forms

As part of the Level 1 course you will plan, deliver, and review some short coaching sessions. Sample session planners and review forms are provided overleaf for you to use if you wish. These have been designed to help you include all the assessed information.

You can use any format of session planner but you do need to evidence the information outlined on page 5 of your Candidate Assessment Pack. You are encouraged to record the outline information of your session on the page overleaf, but are free to record the detail of the session in the way that best suits you. You also need to answer the questions asked within the Session Review Form.

Three copies of the Session Planner and Review Forms are available here for your use. If you would rather complete these on your computer, Microsoft Word versions are available by request from your Home Nation Association, or course provider.

Additional Handouts

Please insert within this section of your folder any other handouts provided on your Level 1 course.